

# WELCOME

## PATIENT INFORMATION

Appt. Date: \_\_\_\_\_ Referred By: \_\_\_\_\_

Name (first, last): \_\_\_\_\_

Preferred Name: \_\_\_\_\_

Sex ☐ M ☐ F Age \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_\_) \_\_\_\_\_

Employer \_\_\_\_\_ Work Phone (\_\_\_\_\_) \_\_\_\_\_

Occupation: \_\_\_\_\_ Email: \_\_\_\_\_

Marital Status ☐ Married ☐ Single ☐ Divorced ☐ Widow Spouse's Name \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship \_\_\_\_\_ Phone # (\_\_\_\_) \_\_\_\_\_

## PATIENT CONDITION

Primary Complaint(s) \_\_\_\_\_

Secondary Complaint(s): \_\_\_\_\_

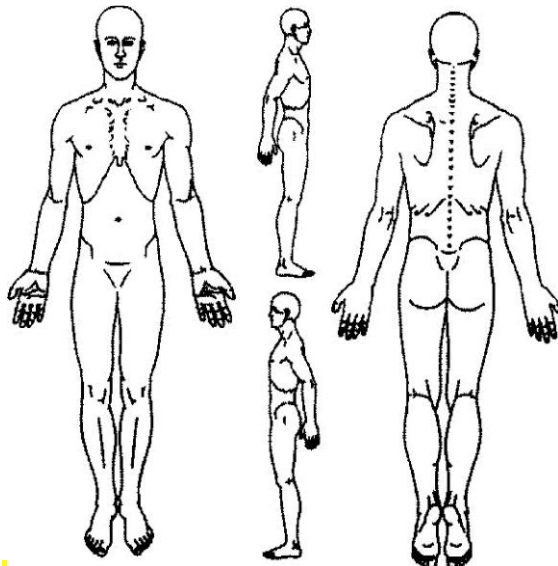
Are your complaints due to an Accident? ☐ NO ☐ YES

If yes, what type? ☐ Work ☐ Auto ☐ Personal Date of Accident \_\_\_\_\_

Have you seen any doctors for your primary/secondary complaints: ☐ YES ☐ NO

If yes, please list the doctor specialty & for how long you were seen:

Is this condition getting progressively worse? ☐ Yes ☐ No ☐ Unknown



**PLEASE MARK the areas on the diagram**

**using the following letters to describe your**

**symptoms:**

**R** = Radiating

**S** = Sharp/Stabbing

**B** = Burning

**T** = Tingling

**D** = Dull

**P** = Pain

**A** = Aching

**N** = Numbness

Patient/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Doctor's Signature \_\_\_\_\_ Date Form Reviewed: \_\_\_\_/\_\_\_\_/\_\_\_\_

# HEALTH HISTORY

**Family History:** Does anyone in your family suffer with the same or other chronic conditions?

☐ No ☐ Yes If yes whom & what condition(s): \_\_\_\_\_

**Past Trauma History:** *Starting from birth, we all experience thousands of physical, mental, & chemical stresses.*

*These stresses can cause **Postural Distortions** (misalignments of the spine) and lead to our current health problems.*

**Please write down some of the falls, injuries, & traumas that you've experienced. (Please put NA if it doesn't apply to you)**

## A. Car Accidents

**Example: 11/11/1985 Type of Collision: Rear end-15 mph Injuries: Neck Whiplash/Neck on Lt.**

Date: \_\_\_/\_\_\_/\_\_\_ Type of Collision: ☐Front ☐Side ☐Rear Speed \_\_\_ Injuries: \_\_\_\_\_ ☐Lt ☐Rt

Date: \_\_\_/\_\_\_/\_\_\_ Type of Collision: ☐Front ☐Side ☐Rear Speed \_\_\_ Injuries: \_\_\_\_\_ ☐Lt ☐Rt

## B. Sports Injuries (if there are too many to list write the name of the sport and "MANY" next to it.)

**Example: 3/3/1995 Type of Sport: Basketball Type of Injury: Sprained Right Knee**

Date: \_\_\_/\_\_\_/\_\_\_ Type of Sport \_\_\_\_\_ Type of Injury: \_\_\_\_\_ ☐Lt ☐Rt

Date: \_\_\_/\_\_\_/\_\_\_ Type of Sport \_\_\_\_\_ Type of Injury: \_\_\_\_\_ ☐Lt ☐Rt

## C. Slips, falls, Other (We understand there may have been a lot of slips & falls since birth, so please list the major ones.)

**Example: 5/5/2000 Type of Injury: Slipped on ice & bruised Left Elbow**

Date: \_\_\_/\_\_\_/\_\_\_ Type of Injury: \_\_\_\_\_ ☐Lt ☐Rt

Date: \_\_\_/\_\_\_/\_\_\_ Type of Injury: \_\_\_\_\_ ☐Lt ☐Rt

## Past Health Conditions:

Please list: when, how long it lasted, description of symptoms (ex. Sharp, pain, burning), how often (ex. Weekly, daily), severity (0=no pain; 10=worst pain)

Past Health Issue: \_\_\_\_\_

Past Health Issue: \_\_\_\_\_

Are any of these past conditions due to an accident? ☐ YES ☐ NO Date of Accident \_\_\_\_\_

Have you seen any doctors for this condition: ☐ YES ☐ NO

If yes, list the doctor specialty & for how long you were seen. \_\_\_\_\_

## List any past hospitalizations and/or surgeries:

Surgeries: \_\_\_\_\_

List Hospitalizations Other Than Surgeries: \_\_\_\_\_

Patient/Guardian's Signature: \_\_\_\_\_ Date: \_\_\_/\_\_\_/\_\_\_

Doctor's Signature \_\_\_\_\_ Date Form Reviewed: \_\_\_/\_\_\_/\_\_\_

## CURRENT CONDITIONS

**Please mark to indicate if you have any of the following:**

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Hip Pain: Rt or Lt        | <input type="checkbox"/> Lung Problems    | <input type="checkbox"/> Kidney Disease        | <input type="checkbox"/> Prosthesis                |
| <input type="checkbox"/> Knee Pain: Rt or Lt       | <input type="checkbox"/> COPD             | <input type="checkbox"/> Liver Disease         | <input type="checkbox"/> Psychiatric Care          |
| <input type="checkbox"/> Foot Pain: Rt or Lt       | <input type="checkbox"/> Emphysema        | <input type="checkbox"/> Digestion Problems    | <input type="checkbox"/> Rheumatoid Arthritis      |
| <input type="checkbox"/> Shoulder Pain: Rt or Lt   | <input type="checkbox"/> Epilepsy         | <input type="checkbox"/> Migraines             | <input type="checkbox"/> Cancer & Type: _____      |
| <input type="checkbox"/> Elbow Pain: Rt or Lt      | <input type="checkbox"/> Fractures        | <input type="checkbox"/> Miscarriage           | <input type="checkbox"/> Dizziness/Loss of Balance |
| <input type="checkbox"/> Wrist Pain: Rt or Lt      | <input type="checkbox"/> Glaucoma         | <input type="checkbox"/> Diarrhea/Constipation | <input type="checkbox"/> Stroke                    |
| <input type="checkbox"/> Neck Pain: Rt or Lt       | <input type="checkbox"/> Heartburn        | <input type="checkbox"/> Multiple Sclerosis    | <input type="checkbox"/> Arthritis                 |
| <input type="checkbox"/> Upper Back Pain: Rt or Lt | <input type="checkbox"/> Gonorrhea        | <input type="checkbox"/> Hemorrhoids           | <input type="checkbox"/> Thyroid Problems          |
| <input type="checkbox"/> Low Back Pain: Rt or Lt   | <input type="checkbox"/> Gout             | <input type="checkbox"/> Osteoporosis          | <input type="checkbox"/> Trouble Sleeping          |
| <input type="checkbox"/> Pain w/cough              | <input type="checkbox"/> Heart Disease    | <input type="checkbox"/> Pacemaker             | <input type="checkbox"/> Tuberculosis              |
| <input type="checkbox"/> Numbness in arms          | <input type="checkbox"/> Hepatitis        | <input type="checkbox"/> Parkinson's           | <input type="checkbox"/> AIDS / HIV                |
| <input type="checkbox"/> Numbness in legs          | <input type="checkbox"/> Hernia           | <input type="checkbox"/> Pinched Nerve         | <input type="checkbox"/> High / Low Blood Pressure |
| <input type="checkbox"/> Asthma                    | <input type="checkbox"/> Herniated Disc   | <input type="checkbox"/> Pneumonia             | <input type="checkbox"/> Vaginal Infections        |
| <input type="checkbox"/> Chest Pain                | <input type="checkbox"/> Herpes           | <input type="checkbox"/> Skin Problems         | <input type="checkbox"/> Impotence                 |
| <input type="checkbox"/> Difficulty Breathing      | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Prostate Problems     | <input type="checkbox"/> Reproductive Problems     |

EXERCISE: ☐ None ☐ Moderate ☐ Daily ☐ Heavy

WORK ACTIVITY: ☐ Sitting ☐ Standing ☐ Light Labor ☐ Heavy Labor ☐ High Stress

SOCIAL HABITS: ☐ Smoking ☐ Alcohol ☐ Coffee/Caffeine ☐ Recreational Drugs

**List any medications you currently take.** (Prescription and non-prescription)

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**Functional Assessment:** Check any activities that are affected by your current conditions

- |  |  |  |  |
|--|--|--|--|
| <input type="checkbox"/> Sitting             | <input type="checkbox"/> Running         | <input type="checkbox"/> Sit to Stand  | <input type="checkbox"/> Climbing          |
| <input type="checkbox"/> Standing            | <input type="checkbox"/> Pushing/Pulling | <input type="checkbox"/> Walking       | <input type="checkbox"/> Dressing/Shaving  |
| <input type="checkbox"/> Driving             | <input type="checkbox"/> Dishes/Laundry  | <input type="checkbox"/> Sleep/Rolling | <input type="checkbox"/> Bending           |
| <input type="checkbox"/> Reading             | <input type="checkbox"/> Lifting         | <input type="checkbox"/> Computer Use  | <input type="checkbox"/> Exercising/Sports |
| <input type="checkbox"/> Yard work/Gardening |  |  |  |

Doctors Notes: \_\_\_\_\_

**Patient/Guardian's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Doctor's Signature** \_\_\_\_\_ **Date Form Reviewed:** \_\_\_\_/\_\_\_\_/\_\_\_\_